



Counselling Volunteer - Person Specification

Essential

1. Qualified or Trainee Counsellor
2. Ability to use feedback and support
3. Ability to make long-term commitment to client work
4. Good interpersonal skills
5. Capacity to witness pain and distress
6. Capacity for self care
7. Good mental and physical health (not excluding disability but about capacity to visit long-term)
8. Self-awareness
9. Experience of loss/bereavement process
10. Awareness of sexual issues in relation to self and others
11. Full Driving license and vehicle
12. Live in the Trust area of operation or close to the border.

Desirable

13. Knowledge of loss/bereavement process
14. Experience of providing personal support
15. Experience of working with people in distress
16. Had or having personal counselling